

CHECKLIST (PRIOR TO SHIPPING)

1. Tubes

- Patient's first and last name, date of birth, gender, and date of collection are written on all the tubes.
- All the tubes are capped tightly

2. Frozen

- Red top clear transfer tubes inside bubblewrap bag
- Freezer brick

3. Test Requisition Form with Payment

- Test Requisition Form is complete - Test is marked, patient's first and last name, date of birth, gender, and date of collection are recorded
- Personal Health Assessment Form is complete
- Payment is included
- Ship package using the enclosed FedEx® Clinical Lab Pak and Billable Stamp

*Not Available in New York

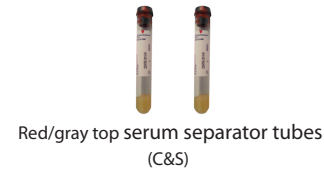
ALLERGIX ANTIBODIES SPECIMEN COLLECTION INSTRUCTIONS



This specimen collection kit can be used for the following test(s):

- *0075 **IgG4 Food Antibodies - Serum**
- *0270 **IgG4 & IgE Food Antibodies - Serum**

*Not Available in New York



SPECIMEN

Serum, 3-9 ml (per instructions), frozen

COLLECTION MATERIALS

- 2 Red/gray top serum separator tubes
- 2 Red top clear transfer tubes
- Disposable pipette

SHIPPING MATERIALS

- Absorbent pad
- Freezer Brick
- Test Requisition Form
- Personal Health Assessment Form
- Biohazard bag with side pocket
- Specimen collection kit box
- Bubblewrap bag
- Foam Insulator Box
- Rubber Band
- FedEx® Clinical Lab Pak and Billable Stamp

**International shipping may vary, please see shipping instructions for more details.*

IMPORTANT:

All patient specimens require two unique identifiers (*patient's name and date of birth*), as well as *date of collection*. **Patient's first and last name, date of birth, gender, and date of collection** must be recorded on the **Test Requisition Form** as well as all tube(s) and/or cup(s), using a permanent marker, or the test may not be processed.



Call 800.221.4640 or visit our website at www.gdx.net

Please read all instructions carefully before beginning.

PATIENT PREPARATION

- **At least 8 hours prior to collection** the freezer brick must be frozen a minimum of 8 hours prior to shipping.
- **Plan for Monday-Friday collection only:** Specimens must be received in the laboratory within 24 hours of collection
- **Contact FedEx and schedule to ship the specimen overnight delivery** Monday-Friday. Sample **MUST** be stored frozen at least 2 hours before shipping.
- **It is not necessary** to have the patient fast.
- **It is not necessary** to discontinue nutritional supplements prior to this test. Abnormalities that may be found will reveal special needs that have not been met by recent dietary and supplemental intake.
- The use of immunosuppressive drugs, like cortisone, can give false negative test results. **Discontinue** the use of such drugs for 60 days before testing to allow antibody reactions to be seen.

SERUM COLLECTION

1. **Write patient's first and last name, date of birth, gender and date of collection** on the Test Requisition Form (located in the pouch on top of the Specimen Collection Kit Box), as well as all transfer tubes, using a permanent marker.
 - **IMPORTANT:** To ensure accurate test results you **MUST** provide the requested information.
2. **Red/gray top serum separator tubes and red top clear transfer tubes**
 - » **Draw** one red/gray top serum separator tube completely. **Exceptions:** Draw 2 red/gray top serum separator tubes when ordering IgG4 with IgE Foods (#0270)* or the IgG4 with Celiac Profile (#0278) *or **Draw** 3 red/gray top serum separator tubes if ordering 3 profiles (third tube NOT in kit).
 - » **Place** tube(s) upright in a rack at room temperature no longer than 20 to 30 minutes.
 - » **Centrifuge** the red/gray top serum separator tube(s) for 15 minutes. The serum must be free of hemolysis or red blood cells.
 - » **Pipette** 3 ml serum, using a fresh disposable pipette, into the red top clear transfer tube(s). A total of 6 ml of serum is required when ordering IgG4 with IgE Foods (#0270)* or the IgG4 with Celiac Profile (#0278)*. A total of 9 ml of serum is required when ordering IgG4 with IgE foods (#0270)* AND the Celiac Profile.
 - » **Discard** the serum separator tube(s) after pipetting the serum into the transfer tubes.

SPECIMEN PREPARATION

1. **Place the transfer** tubes and the absorbant pad into the bubblewrap bag and **freeze** the samples a minimum of 2 hours prior to shipping.
2. When ready to ship, **make sure** the tubes in the bubblewrap bag are tightly closed and **are identified** with completed labels. **Seal** the bubblewrap bag by peeling off the white strip and folding over the top. **Place** the bubblewrap bag into the biohazard bag and seal securely.
3. **Remove** foam box from kit box. **Place** frozen freezer brick in bottom of foam box. **Lay** bubblewrap bag with specimens inside, on top of the freezer brick. **Replace** lid on foam box. **Place** rubber band around foam box to secure lid.
4. **Staple** payment to the bottom right-hand corner of the completed Test Requisition Form and complete the Personal Health Assessment Form. **Fold** and **place** them in the side pocket of the biohazard bag.
5. **Seal** the biohazard bag, **place** it into the specimen collection kit box, and **close** the box.

