

# **TEST PREP:**

## **Important Prep Before Patient Takes Test**

- Specimen must be collected immediately upon rising. Do not practice normal oral hygiene routine, do not eat or drink.

### **Prior to collection**

- The night before collection, use your normal nightly routine of brushing and flossing of teeth, but do not use mouthwash.

### **Morning of Collection**

- On the morning of collection, do not eat, brush or floss your teeth, use mouthwash, chew gum or use any tobacco, or coffee products. You may drink **ONLY** water before specimen collection. Just prior to collection, wash your hands completely with hand soap.