

CHECKLIST (PRIOR TO SHIPPING)

1. Blood Tube - Refrigerated

- Patient's First and Last Name and Date of Birth written on the tube label
- The tube is tightly closed
- Na EDTA blue-top tube wrapped with absorbant pad placed in bubblewrap

2. Test Requisition Form with Payment

- Test Requisition Form is complete **Test is marked, Patient's first and last name, date of birth, gender, and date of collection** are recorded
- Payment is included or pay online at www.gdx.net/prc

ELEMENTAL ANALYSIS SPECIMEN COLLECTION INSTRUCTIONS CLINICIAN BLOOD DRAW INSTRUCTIONS

Elemental Analysis NUTRITIONAL

The following test(s) can be collected using these instructions:

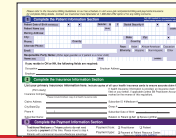
Elemental Analysis* #3528

** Not available in New York*



Test may not be processed without this information:

Test Requisition Form



Please Provide:

- Patient's First/last Name
- Date of Birth
- Gender
- Date of Collection

All Tubes



Please Label:

- Patient's First and Last Name
- Patient's Date of Birth

Specimen

Blood

Additional Materials

- Biohazard Bag with Absorbent Material
- Test Requisition Form
- Prepaid Mailing Envelope
- Bubblewrap Bag
- Tube Label

Collection Materials for Blood



Na-EDTA
blue-top tube

SHIP THE SPECIMEN(S) TO THE LAB

Specimen(s) must be returned in the Genova Diagnostics kit box.

Please refer to the shipping instruction insert found in your kit box.



Call 800.522.4762 or visit our website at www.gdx.net

IMPORTANT PREP BEFORE SAMPLE COLLECTIONS

- Schedule the patient accordingly

MEDICATIONS MAY IMPACT RESULTS:



Discontinuation is at the discretion of the physician if medically appropriate

4 DAYS BEFORE THE TEST:



- If medically appropriate, non-essential medications, supplements, and nutrient fortified foods/ beverages should be discontinued

24 HOURS BEFORE THE TEST:



- Patient should avoid seafood

NIGHT BEFORE THE TEST:



- Patients must fast overnight prior to the blood draw

For more details, please visit www.gdx.net/tests/prep

BLOOD COLLECTION

Please collect the tube in one session. Label the tube with the patient's first and last name and date of birth.

1

Before venipuncture, thoroughly wash the skin area with isopropyl alcohol, using two successive swabs of clean, sterile cotton. **Do not use iodine or mercury-based disinfectants/antiseptics.** Extra cleaning of the skin is important for accurate trace element analysis. **Use only stainless steel needles, with no aluminum or other metal crimp ring.**

2

DRAW BLOOD

3

BLOOD PROCESSING



NA EDTA BLUE-TOP TUBE

Gently invert the tube 10 - 15 times

Refrigerate no more than 4 days prior to shipping

RETURN TO LAB