

TEST PREP:

Important Prep Before Patient Takes Test

- Specimen must be collected immediately upon rising. Do not practice normal oral hygiene routine, do not eat or drink.

Prior to collection

- The night before collection, use your normal nightly routine of brushing and flossing of teeth, but do not use mouthwash.

Morning of Collection

- On the morning of collection, do not eat, brush or floss your teeth, use mouthwash, chew gum or use any tobacco, or coffee products. You may drink **ONLY** water before specimen collection. Just prior to collection, wash your hands completely with hand soap.