

# Step 3:

## Ship the specimen to the lab

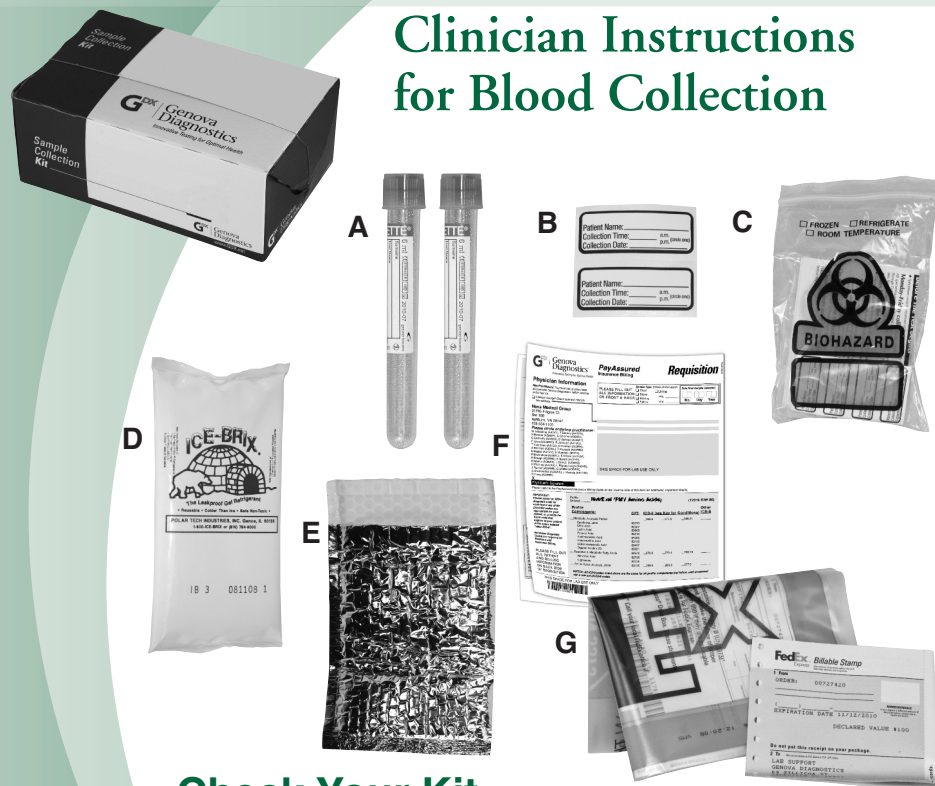
Specimen must be returned in the Genova Diagnostics kit box for correct delivery to the lab. Not following these instructions may result in a shipping charge.

- Plan to ship the specimen Monday – Friday overnight delivery.
- Call 1.800.GoFedEx (1.800.463.3339) to schedule shipping. When the automated system asks “How may I help you?” say “Return a Package”. Tell the FedEx representative “I am using a billable stamp” and they will walk you through the process and make it easy.
- **Make sure the tubes are tightly closed and identified** with completed labels. Seal the tubes in the Biohazard bag.
- **Place the Biohazard bag and the frozen gel pack** in the Flexfoil pack.
- **Place Flexfoil pack (with specimens) inside kit box** and place completed and signed requisition on top before closing. Do not staple or tape the box.
- **Print your name and address** in the section marked “From” on the prepaid shipping envelope label. **DO NOT** mark or write in any other sections.
- Put the kit box into the envelope and seal the envelope.
- Keep your shipment and tracking numbers for future reference and tracking purposes.

## Essential and Metabolic Fatty Acids

IS-536

### Clinician Instructions for Blood Collection



### Check Your Kit

- A - 2 Lavender-top tubes
- B - 2 Labels
- C - 1 Biohazard bag with pad
- D - 1 Gel freezer pak
- E - 1 Flexfoil pack
- F - 1 Requisition (to be completed and signed)
- G - 1 Prepaid mailing envelope

- If any items are missing or expired, call Client Services at 800.522.4762 and press “1”.
- Keep the kit box for shipping your specimen to the lab.

# Step 1:

## Schedule & Prepare for the blood draw

- **Schedule the patient accordingly**
  - Patients must **fast overnight** (at least 12 hours) prior to the blood draw. They should also be instructed to eat light meals the day before.
- **Freeze the enclosed gel freezer pack** a minimum of 4 hours before shipping.
- **Contact FedEx and schedule to ship the specimen overnight delivery** Monday - Friday. *Specimens must be received at the lab within 48 hours of collection. If necessary, the specimen can be kept in a refrigerator overnight before shipping.*
- **Complete the Requisition Form** with all patient and billing information. Be sure it is signed by the Patient/Responsible Party and the healthcare provider.

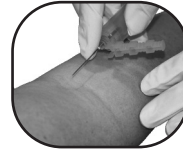
# Step 2:

## Blood Draw & Serum Preparation

Not following these instructions may affect the test results.



- 1 Write the patient's full name and the time and date of collection on each label and apply to tubes.**



- 2 Draw blood to fill both Lavender top tubes.**



- 3 Mix blood samples thoroughly** by gently inverting the tubes three times. Do not shake.



- 4** Place the Lavender top tubes into the Biohazard bag, and seal it securely. *If unable to ship immediately, store the Biohazard bag in a refrigerator. DO NOT FREEZE.* Store refrigerated until shipped.