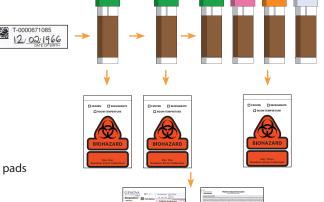
FINAL PREP AND SHIPPING

- Record the date of collection, stool consistency (refer to chart), and stool color for Day 3 Collection, on the Test Requisition Form.

 Consistency of Stool Sample Chart
- 2. Place biohazard bags with tubes in the outer collection box.
- 3. Provide payment information.
- **4. Complete** the Health Survey.
- 5. Place the box with samples and paperwork (Survey and Requisition) into the Fedex mailer.
- **6. Follow** the enclosed shipping instructions.
- 7. Refrigerate until packaged for shipping. No cooling or expedited shipping required. Contact FedEx for shipping.

RETURN CHECKLIST

- All Tubes with Peel and Stick Labels with Patient's Date of Birth
- 3 GREEN-TOP TUBES
- ORANGE-TOP TUBE
- PINK-TOP TUBE
- CLEAR-TOP TUB
- SWAB TUBE WITH SWAB INSIDE
- TEST REQUISITION
- Health survey
- All specimens inside biohazard bags with absorbent pads
- All materials inside Genova Box



Hard/Constipated

Formed



SHIP THE SPECIMEN(S) TO THE LAB

Specimen(s) must be returned in the Genova Diagnostics box.

Please refer to the shipping instruction insert found in your collection box.



800.522.4762 ·www.gdx.net



3-Day Stool Collection Instructions

For Tests #2200, #2205, #2207, #2001, #2003

START HERE ↓

Test prep, FAQs, and the collection video can be found at

www.gdx.net/giprep or scan the QR Code.

Shipping Notice: The 1-day collection can be done at your home. Ideally, finish collection and ship on **Monday through Friday**. US holidays can affect shipping times.



COLLECTION MATERIALS - KEEP OUTER BOX FOR SHIPPING TO LAB

DAY 1



TUBE

Watery/Diarrhe

Loose Stool







GREEN-TOP TUBE



CARDBOARD COLLECTION TRAY



TOP TUBE

PINK-TOP C

INK-TOP CLEAR-TOP TUBE TUBE





DAY 3

• GLOVE

TUBE

- ABSORBENT PAD
- BIOHAZARD BAG
- PEEL AND STICK LABEL

- GLOVE
- ABSORBENT PAD
- BIOHAZARD BAG
- · PEEL AND STICK LABEL

GLOVE

- ABSORBENT PAD
- BIOHAZARD BAG
- PEEL AND STICK LABEL

• DIOHAZANI

CAUTION: Tubes contain poisonous liquid. KEEP OUT OF REACH OF CHILDREN.

• Tubes are under pressure. **Cover** tube cap with a cloth and **remove** cap slowly. In case of **eye contact**, flush with water for 15 minutes. In case of **skin contact**, wash with soap and water. In case of **ingestion**, contact poison control center immediately.

PEEL AND STICK COLLECTION LABELS

Fill out all the peel and stick labels with ONLY your date of birth (DOB) (mm/dd/yyyy) and apply to all the tubes and the requisition.



Do not write on the tubes.





TEST REQUISITION FORM - RETURN WITH SHIPPING BOX

Complete all sections online at www.gdx.net/mygdx for clinicians www/gdx.net/prc for patients

or

Use the **paper form** included



Watch the How-to Video at

www.gdx.net/mygdx or www/gdx.net/prc



Both methods require the paper form to be returned with the pack.

VERY IMPORTANT



Wait at least 4 weeks from colonoscopy or barium enema before starting the test.



Do Not Collect

if there is active bleeding from hemorrhoids or menstruation.



Medications can impact results. Check with your clinician.

2-4 WEEKS BEFORE 14 DAYS BEFORE



Discontinue antibiotics, antiparasitics, antifungals, probiotic supplements (*acidophilus*, etc.).



If your clinician ordered the *H. pylori* test,

discontinue proton pump inhibitors (PPIs), and bismuth.

2 DAYS BEFORE



Discontinue aspirin and other NSAIDs (i.e. ibuprofen), rectal suppositories, enemas, activated charcoal, bismuth, betaine HCL, digestive enzymes, antacids, laxatives, mineral oil, castor oil, and/or bentonite clay.

VERY IMPORTANT

DO NOT OVERFILL

Make sure that the liquid and sample do not go over the FILL LINE. Do not underfill.



NOTE: IF YOU SEE A WORM

Do not add to a stool collection tube, instead place it in GREEN-TOP TUBE WITHOUT scooping additional stool. A worm can also be placed in a clean glass jar with rubbing alcohol. Do not add additional stool to the jar. Write WORM on the requisition and on the tube or jar. Do not mix and mash sample if there is a worm inside. Do not shake tube if there is a worm inside.

BEGIN STOOL COLLECTION- PATIENT

DAY ONE

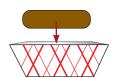


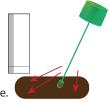
- **1. Put on** the glove.
- **2. Collect** your stool sample using the enclosed collection tray.

DO NOT let urine or water from the toilet get into the sample

GREEN-TOP TUBE:

- **3. Transfer** stool sample into the tube using the built-in scoop.
- **4. Collect** from different areas of the sample.
- **5. Mix** the sample with the liquid in the tube until it is as smooth as possible.
- **6. Screw** the cap on tightly. **Shake** tube for 30 seconds.
- 7. Place in biohazard bag and refrigerate.
- 8. Refrigerate tube until ready to ship. DO NOT FREEZE.
- 9. Dispose of remaining sample into toilet and dipose of collection tray and glove.





DAY TWO



Follow DAY 1 INSTRUCTIONS using the GREEN-TOP TUBE

Follow DAY 1 INSTRUCTIONS using the contents of the DAY 3 bag • GREEN-TOP TUBE



- ORANGE-TOP TUBE
- PINK-TOP TUBE
- **CLEAR-TOP TUBE** Note: There is no liquid in the CLEAR-TOP TUBE.

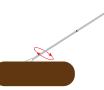
SWAB COLLECTION

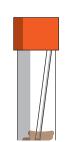
- **1. Open** the swab package, and place the tube upright.
- 2. Leave the swab in the sleeve until you are ready to collect sample.
- **3. Grasp** the swab above the middle notch.
- **4. Collect** sample by inserting the tip of the swab into the stool sample and rotate it.
- **5. Make** sure that the swab tip is evenly coated with stool. If not, repeat.

Do not "spoon" the specimen with the swab.

This would result in too much stool being collected and can create testing errors.

- **6. Mash** and **mix** the swab tip against the side of the tube.
- **7. Break** the swab at the notch. **Screw** the cap on tightly.
- **8. Place** in the biohazard bag with the other Day 3 samples. **Dispose** of remaining sample into toilet and **dipose** of collection tray and glove.





(2.)